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SKIN SCIENCE SOUL

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Hydramemory 1 hour @ £60.00

The ultimate treatment for deep hydration and radiance, ideal for dry, tired and dull skin. Includes Tranquillity ritual, recover touch massage of the décolleté and face, hot towels and a complimentary massage of either arm & hand, scalp or leg & foot

Active Pureness 1 hour @ £60.00

If your skin is oily, scarred, acne prone or aged this is a good choice, characterised by a mattifying peel off Spirulina Algae mask, this deep purifying facial with mandelic acid, green and white clays rebalances and reduces pores and blackheads. Includes Tranquillity ritual, recover touch massage of the décolleté and face, hot towels and a complimentary massage of either arm & hand, scalp or leg & foot.

Remedy 1 hour @ £60.00

An innovative, fortifying approach to sensitive, delicate skin. With a prebiotic from sugar beets, promoting cutaneous resilience and Marula oil, this facial calms skin discomforts, relieves neuroinflammation and reinforces the skins defense. Includes Tranquillity ritual, recover touch massage of the décolleté and face, hot towels and a complimentary massage of either, arm & hand, scalp, leg & foot.

Reflexology 1 hour @ £60.00

An non invasive treatment working the reflex points on the feet, creates harmony and balances the body. It can be used to relief a wide range of problems fro depression, headaches, IBS, menopause the list is endless. Finished with a foot massage & hot towels.

Maternity Reflexology 1 hour @ £60.00

Reflexology can help reduce morning sickness, heartburn, backache, fatigue and much more. Finished with a foot massage & hot towels. Recommended after 12 weeks

Hot Stone Reflexology 1 hour @ £65.00

Reflexology using hot basalt stones to massage the lower legs and work the reflex points on the feet to leave you deeply relaxed, re-balanced & revitalised.

Ear Candling 50 minutes @ £45.00

A relaxing treatment helping sinusitis, compacted ear wax, glue ear & vertigo. Treatment includes use of candles, followed by massaging the acupressure points on the ears, facial massage and hot towel

Indian Head Massage 40 minutes @ £45.00

A relaxing treatment working the head, scalp, neck, upper back and shoulders. Helping to relieve tension, headaches, neck pain, eye strain. Treatment includes a massage of the acupressure points on the ears, facial massage & hot towels.

Swedish Back, Neck & Shoulder Massage 30 minutes @ £45.00

Massage techniques to help reduce stress, tension and promote relaxation. The perfect way to diminish the stresses and strains of daily life.

Tranquillity Pro Sleep 1 hour @ £70.00

A massage of the whole body using Ayurvedic and Indonesian Sea Malay manualities combined with soft brushes, gentle touch warm synergy blend of essential oils. Helps with sleep problems, stress and relaxation.

